



## 2. ACTIVITIES AND PARTICIPATION (activity limitations and participation restrictions & strengths/resources)

In this section you are asked to focus on the performance of the case person in relevant (for the person) life areas such as home, family, community, work, etc. Try to find Activity limitation (-) and Participation restrictions (-) as well as the strengths / recourses (+) the person has. Use (-) or (+) to describe how the case person feels it.

Domain	Performance (activity limitations and participation restrictions & strengths/resources)	Questions that need to be asked
Learning and applying knowledge (listening, learning, focusing attention, thinking, making decisions)		<div style="border: 1px solid blue; border-radius: 15px; padding: 10px; background-color: #e1f5fe;"> <p>NOTE: Questions needed to be asked is filled with the interprofessional group during the learning intervention</p> </div>
General tasks & demands (undertaking single/multiple tasks, carrying out daily routine, handling stress)		
Communication (receiving and producing messages: spoken, nonverbal, formal sign language, written, devices)		
Mobility (changing and maintaining body position, carrying, objects, walking, moving using transport)		
Self-care (washing oneself, caring for body parts, toileting, dressing, eating, drinking, looking after health)	E.g. Irregular eating times <b>(Looking after one's health)</b>	
Domestic life (acquisition of necessities, place to live, goods, preparing meals, household tasks, assisting others)		
Interpersonal interactions and relationships (formal, family, intimate relationships)		
Major life areas (education, work and employment, economic life)	Unemployed at the moment <b>(work and employment)</b>	
Community, social & civic life (community life, recreation,		

leisure, religion, spirituality, human rights, political)		
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**3. ENVIRONMENTAL FACTORS (facilitators & barriers)**

The environment of a person can have positive or negative effects on the functioning and the performance of a person. Therefore this section is about identifying environmental factors surrounding the person, that serve as facilitators (improve performance) or barriers (worsen performance).

Environmental factors can be physical, social and attitudinal factors external to the individual (see domains below). Indicate identified barriers with (-) and facilitators with (+).

Domain	Facilitator (+) Barrier (-)	Questions that need to be asked
Products & technology (for consumption (food, medication), for use in daily living, mobility, transport, education communication, employment, culture, etc.)	E.g. Drugs ( <b>medication</b> )	<div style="border: 1px solid blue; border-radius: 15px; padding: 10px; background-color: #e6f2ff;"> <p>NOTE: Questions needed to be asked is filled with the interprofessional group during the learning intervention</p> </div>
Physical environment (neighbourhood, housing, sanitation, roads, light, noise, air quality, etc.)		
Support, relationships and attitudes (from immediate/extended family, friends, employer, health professionals, etc.)		
Services, systems and policies (health, housing, transportation, social security, labour, etc.)		

**4. Personal factors (Facilitator (+) Barrier (-))**

Background of individual's life and living, which comprise features of the individual that are not part of a health condition or health states. These factors may include gender, age, other health conditions, fitness, lifestyle, habits, upbringing, coping styles, ideas, fears, expectations, social background, education, profession, past and current experience (past life events and concurrent events), overall behaviour pattern and character style, individual psychological assets and other characteristics, all or any of which may play a role in disability at any level.

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**5. HEALTH CONDITION(s) (DG)**

Please state here general diagnoses you have found for you client

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**6. PERSON-CENTRED GOAL SETTING**

**Describe one goal (related to ICF participation component) after the interview**

This section should be filled in after you have met the client for the first time and (at least some of) your questions are answered. You should remember to ask your client's main goal during the interview.

Note: ICF always focuses on the functioning and the performance of the person in order to be able to participate in all possible parts of society. Therefore, when using ICF, we always try to formulate goals that focus on an improvement in participation. E.g. I would like to be able to play outside with my grandchildren or I would like to have a part time job...

**7. SHARED DECISION-MAKING**

**Describe subgoals related to main goal**

**Actions that need to be taken in interprofessional group**

This section should be pre-filled before you meet the client for the second time. Here you state your interprofessional subgoals and therapy suggestions (actions need to be taken) you would like to discuss with the client. Together with the case person you will make a final decision on the treatment. The final plan can then be stated here.

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