Instructions for the ICF coach

INPRO – International Classification of Functioning, Disability and Health, INPRO ICF Basic Course

In the INPRO project, **INPRO ICF basic course is developed** together with the consortium partners 2021-22 for increasing the ICF basic knowledge and skills, how to increase the person centred and interprofessional education and collaborative practice (IPECP) together. https://www.inproproject.eu/

There are material developed and piloted for the **INPRO ICF Basic course** and WHO-FIC ICF e-learning material is used too.

Learning objectives:

This ICF basic course objective is to offer the participant the common understanding

- What is the model of the ICF
- What are the needs and aims of the ICF
- What are the structure and codes of the ICF

The target group:

This ICF basic course is developed for the participant who have not previos knowledge or just a little knowledge about the ICF. The participants can be from HEIs' (teachers or students) or from any social or health care sector (professionals).

Course content:

- Introduction material (power point)
- Study material for participants
  - ICF e-learning material (Chapters 1-6)
  - Additional power points and videos
    - ICF terminology
    - ICF codes and qualifiers
- Reflection seminar material (power points for the ICF coach)
- Feedback survey for participants and couches (only in the piloting phase)

Optional course content:

- Learning task/assignment for the participants can be decided case by case
- ICF e-test (test is not obligatory)

Learning & teaching methods:

- It is good to allocate for participants 2-4 weeks time for independent learning
- Face to face learning in introduction and in reflection phases
  - Implemented as a seminar or a webinar
- Independent learning

- o ICF e-learning material (Chapters 1-6)
- o Additional materials (power point & videos)

Work load:
- ICF basic course 1 ECT
  - o Introduction 2 hours
  - o Independent learning 20 hours
  - o Reflection 2 hours
  - o (Feedback questionnaire 1 hour)

How to implement the ICF basic course:
There are a few slides in Introduction material, the coach should add the "national" information:

- Please, add the timetable of the implementation
- Please, add the contact information (who is the coach)
- Please, add the ICF material of your own language. It is important that the terminogy is understood also in your language. When the ICF e-learning is publised in your language, you can use that (the timetable is still unclear)
- Motivation of the participants: Please, add the practical examples, how the ICF is used in your country
  - o This is very important part of the introduction, because the participants can see already in the beginning of the course, how the ICF is used in the field
  - o You can also tell that there is an ICF "Advanced" material available after the INPRO ICF Basic course, where the ICF tools are explained.
- Timetable
  - o It takes 2-6 weeks to learn ICF Basic Course. The timetable can be decided nationally

Any questions, please ask

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