

INPRO ICF Basic course ICF terminology

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ICF terminology

Objective:

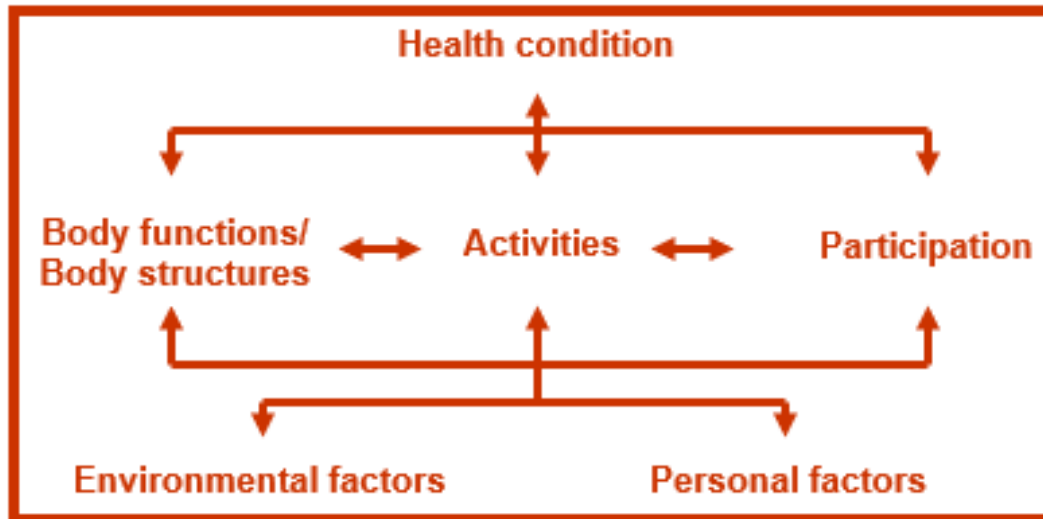
- After this session you will understand the terms of the International Classification of Functioning, Disability and Health (ICF)

- Functioning and disability are the umbrella terms for body functions, body structures, activities and participation
- There is the interaction between the functioning and disability & health condition, environmental and personal factors
- ICF is a common language within the different disciplines (professionals)
- In person centred practices, discussing with the person or her/his family, we (professionals) don't use the ICF terminology

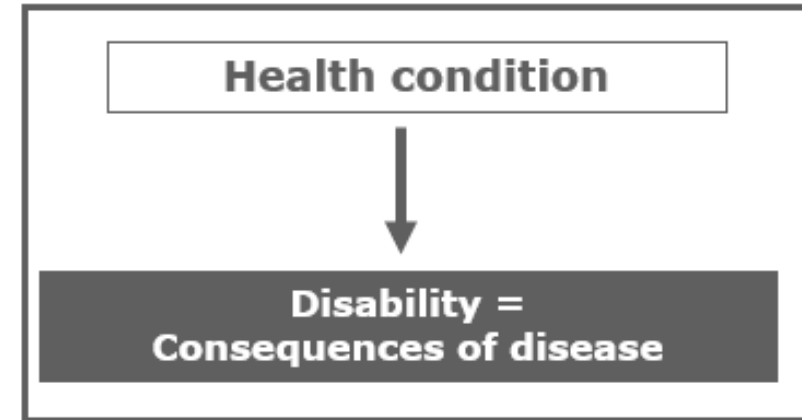
Source of the slides: the ICF Research Branch and the ICF workshop in 2014.

The ICF integrative bio-psycho-social model of functioning and disability

ICF integrates the medical and social models.



Integrative Bio-Psycho-Social model of functioning



Medical model

The social model of disability sees disability "as a socially created problem and not at all an attribute of an individual." On the social model, disability demands a political response. (ICF e-learning)

Social model

You need to know the ICF before you can use it



- Sometimes it can be difficult to find "things" in ICF
 - e.g. you want to describe the person's home environment

e155 Design, construction and building products and technology of buildings for private use

Product and technology that constitute an individual's indoor and outdoor human-made environment that is planned, designed and constructed for private use (e.g. **home**, dwelling), including those adapted or specially designed.

Inclusions: entry and exits, facilities and routing

- You need to know, what is the "thing" you want to describe - meaning
 - e.g. going to toilet → do you want to describe moving or toileting?
- It is not defined anywhere in which level of ICF should be used → the specific organization decides
- WHO-FIC Maintenance Platform could be used when seeking information in ICF (in English) <https://icd.who.int/dev11/l-icf/en> (see the next slide)

WHO-FIC Maintenance Platform



International Classification of Functioning, Disability and Health (ICF)

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▼ International Classification of Functioning, Disability and Health (ICF)



▼ ICF Category

- ▶ Body functions
- ▶ Activities and participation
- ▶ Environmental factors
- ▶ Body structures
- Other specified ICF Category
- ICF Category, unspecified

▶ ICF Qualifier

WHO-FIC Maintenance Platform

Welcome to the Maintenance Platform for the WHO Family of International Classifications (WHO-FIC)

This site contains **work in progress** versions of the Classifications

- ICD-11
- ICF
- ICHI

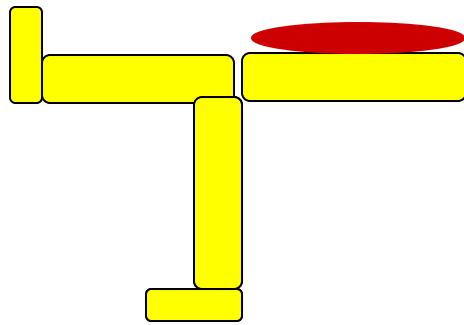
For the latest release of ICD-11 please see [ICD-11 Browser](#)

The ICF integrative bio-psycho-social model of functioning and disability

Body functions and structures

Activities & Participation

Functioning



Environmental factors

Contextual factors

Personal factors

The ICF integrative bio-psycho-social model of functioning and disability



Body functions

- Body Functions are physiological functions of body systems including psychological functions

Body structures

- Body Structures are anatomical parts of the body such as organs, limbs and their components

Activities and Participation

- Activity is the execution of a task or action by an individual. Participation is involvement in a life situation
- There is a single list of categories in the ICF for Activities and Participation. WHO recommends to use that instead of distinguishing these terms.

ICF constructs for activities and participation

Effects of Environmental factors

Performance

Describes what an individual does in his current environment. This takes into account the environmental factors – all aspects of the physical, social and attitudinal world.



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Pictures: Microsoft 365 Stock Library

Capacity

Describes an individual's ability to execute a task or an action in a standard environment; this indicates the highest probable level of functioning that a person may reach.

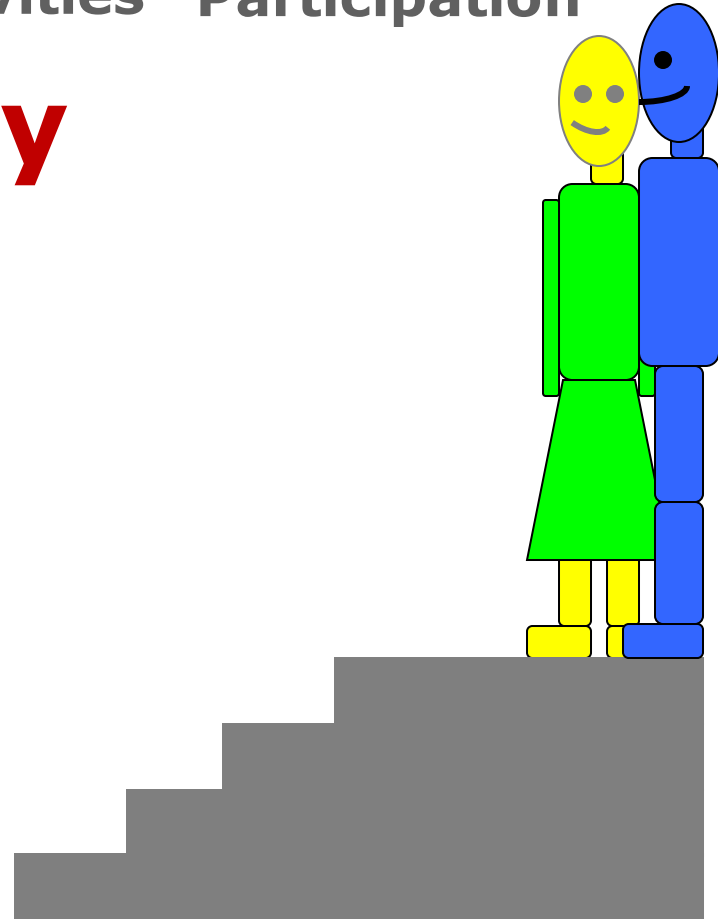
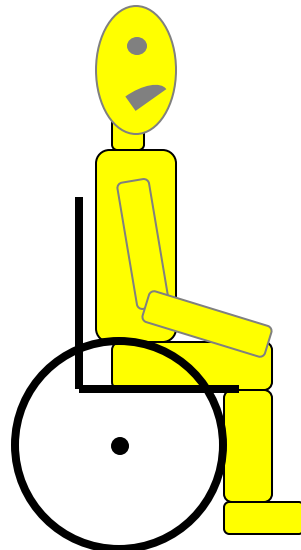
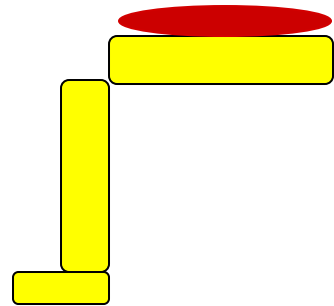


The ICF integrative bio-psycho-social model of functioning and disability

Impaired
Body functions and
structures

Limited & Restricted
Activities & Participation

Disability



Facilitator or barrier
Environmental
factors

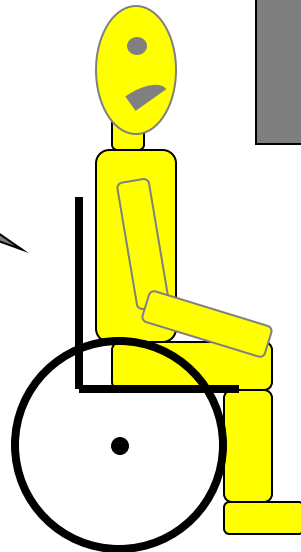
**Facilitator
or barrier**

**Personal
factors**

The ICF integrative bio-psycho-social model of functioning and disability

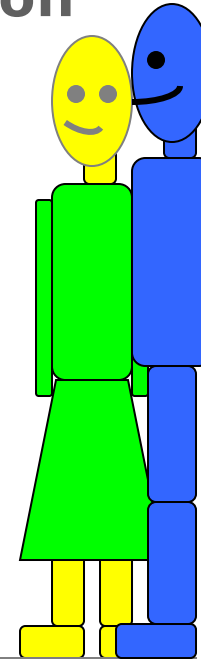
Impaired Body functions and structures

Person's
experience of
disability **in**
relation to the
body



Limited & Restricted Activities Participation

Person's
experience of
disability **in**
relation to the
environment



Environmental factors

- The physical, social and attitudinal environment in which people live and conduct their lives.
 - Products and technology
 - Natural environment and human-made changes to environment
 - Support and relationships
 - Attitudes
 - Services, systems and policies
- These factors are either barriers or facilitators

Personal factors

- Personal factors are particular background of an individual's life and living, consisting different features of the individual, that are not part of any other chapter of ICF: gender, age, other health conditions, lifestyle, habits, coping styles, social background, education, profession, experiences...
- There are no inclusion – exclusion criterias
- There are no taxonomy of codes
- Important to describe

Health condition

- Health condition is an umbrella term for disease, disorder, injury, trauma or other health conditions, like ageing, pregnancy, stress, congenital anomaly etc.
- May coded using the ICD-10 or ICD-11 by doctors
- Describing the persons functioning does not necessarily need the health condition
- If the person has multiple health conditions (diagnosis), the "other health conditons" are listed in personal factors

Assignment Case "Maria"

- Watch the video and list things which can be described in ICF:
 - Body functions
 - Body structures
 - Activities and participation
 - Environmental factors
 - Personal factors
 - Health condition
-
- Link to the video: [Interview with Maria, the patient - YouTube](#)