

How Interprofessional Education (IPE) works – Process Guides

It has been an exciting and challenging year since the INPRO project started in January 2021. At first with gathering data AND a lot of experiences in planning, organising and practising IPE. Now in 2022 is the time to put all this newly gained knowledge into practice. Based on all findings two Process Guides were developed by the INPRO Project Team in St.Pölten UAS, Austria.

- **Process Guide Nr.1:** INPRO Process Guide for educators in practice settings e.g. for the interprofessional education of students in practice settings or the continuing education or training of professionals in the team.
- **Process Guide Nr.2:** INPRO Process Guide for Educators in Higher Education Institutions (HEI) who are planning to implement an IPE Intervention in their University. The focus in this guide is especially on international and online IPE Interventions.

What 2021 was all about:

Status Quo: What IPE activities do already exist in the partner countries of INPRO? In an Online- Survey, promising examples of IPE were collected.

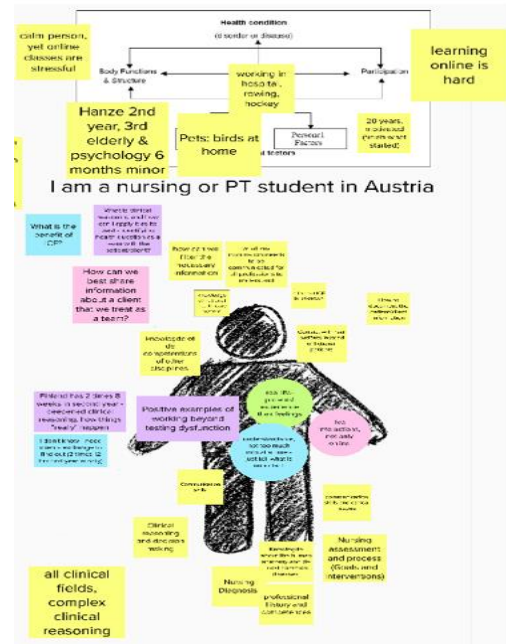
Needs assessment in regard to IPE with relevant stakeholders e.g. Persons with health questions (patients), public health experts, health professionals, students, lecturers in 5 Design Thinking Workshops.

- What do lecturers need to become IPE facilitators?
- What do patients need in treatment and why could interprofessional collaboration be beneficial for them?
- What do students need for their future profession and what do they expect when they participate in an IPE Interventions?

Testing IPE Interventions:

Based on the findings, prototypes for innovative, person-centred IPE were developed. Available on the INPRO website with focus on the use of ICF, interprofessional competencies, and assessment methods.

Based on the developed prototypes and experiences from partners previous IPE, especially “Activity Based Group Work” (JAMK UAS), “Interprofessional Skills Day” (Hanze UAS), “IPCIHC - Interprofessional Collaboration in Health Care” (UA Antwerp) and “PROMISE” (St. Pölten UAS), the following interventions were designed and tested:



1. **INPRO International:** In close collaboration with team Finland and team Belgium a pre-pilot international online IPE intervention was launched.
2. **INPRO Regional:** Parallel to the online, international IPE intervention in English, Austrian students applied in a German intervention as a presence format.
3. **INPRO Prevention:** Additionally, at St.Pölten UAS interprofessional students from Physiotherapy and Dietetics had the chance to work in interprofessional teams in another IPE national learning intervention on consulting pupils (aged 10-12) from a school in Lower Austria on their health concerns or inquiries, practicing a person-centred, resource-orientated approach.
4. **INPRO Rehabilitation – Interprofessional Practice and Collaboration:** 36 Austrian physiotherapy students, interprofessional coached by 6 educators and 8 professional experts observed a case discussions with interprofessional team of the rehabilitation centre Moorheilbad Harbach. The students practiced an example of family group conference as a person-centred, empowering approach and conducted an online role play of 10 min team meeting in which ICF is applied (& person involved).

What happens in 2022:

Based on all work done in 2021, the 2 Process Guides were developed. They are ready for our project partners to use and thereby to evaluate their usability, parallel to a process on training the trainers.

The Process Guide for Practice is being tested and evaluated by our rehabilitation partners Coronaria, Moorheilbad Harbach and Revalidatie Friesland.

The Process Guide for Higher Education will be tested and evaluated from now on until our international interprofessional final pilot intervention from 22nd to 25th of November 2022. While the current version is directed at developing coordinators, a shortened version will be available for trainers new to interprofessional education, who participate in that pilot.

After the thorough evaluation, the 2 Process Guides will be adapted and then shared with everyone who is interested and keen to use it!

We are looking forward to sharing all our learnings with you!

Stay tuned and/or register at www.inproproject.eu

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The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the
Erasmus+ Programme
of the European Union

